

TARAJIA MORRELL

# SOUL OF NEW YORK

A GUIDE TO 30 EXCEPTIONAL EXPERIENCES

JONGLEZ PUBLISHING



# #04

## EVERLASTING PIZZA PARTY

We are a pizza town. We've got slice shops aplenty and fancy pizza galore – but there's nowhere quite like Roberta's, the Bushwick restaurant that defines the hipster artists' community from which it grew. At graffiti-covered Roberta's, the woodfire glows onto the picnic tables. It's some of the best pizza and rustic Italian fare one can hope to find, and has a tiki bar and ramshackle garden, to boot. Twelve years in, Roberta's has a 2-Michelin-star restaurant, Blanca, across its back garden and their frozen pies are sold in grocery stores nationwide. Still, eating *morcilla* with pear and a 'Cowabunga Dude' pizza while listening to rock in their rough and tumble dining room is singular to this original spot and cannot be recreated in the privacy of your own home.



COURTESY OF ROBERTA'S PIZZA



COURTESY OF ROBERTA'S PIZZA



**ROBERTA'S**  
261 MOORE ST  
BROOKLYN, NY 11206



+1 (718) 417 1118

robertaspizza.com



COURTESY OF JAMIE BAIRD

#06

## STAY CALM, TAKE THE CLASS!

New York City is intense. Whether you live here or have traveled from afar, the city wears on us. The antidote to the crazy is The Class by Taryn Toomey, the perfect way to combat pent-up aggression, release your frustration and tone your bum at the same time.

Founder Taryn Toomey encourages us to be primal, so don't be afraid to grunt or roar and certainly expect to sweat. Supermodels Gisele Bundchen and Christy Turlington are fans of The Class, which weaves together elements of yoga, calisthenics, plyometrics and aerobics. Powerful music and Toomey's tough-love vocal coaching guide you through jumping jacks, 'burpies,' deep breathing and more, to clear your heart, mind and body ... preparing us to fight for another day of New York.

**THE CLASS**  
22 PARK PLACE, 3RD FLOOR  
NEW YORK, NY 10007



Registration online

[theclass.com](http://theclass.com)

Wear sneakers and get there early  
\$35



COURTESY OF THE JANE HOTEL



COURTESY OF THE JANE HOTEL

#10

## THE TINIEST HOTEL ROOM WITH HISTORY IN NEW YORK

Sure, the Carlyle, Bowery and Greenwich hotels are swanky, if you've got the funds, but if you've got 'more dash than cash,' there's no better place to stay than The Jane: a former seaman's sanctuary in the heart of the West Village near the Highline and the Whitney Museum. In 1912, survivors of the *Titanic* rested their weary heads here and in the 1980s and 90s, The Jane was the epicenter of bohemian culture and rock 'n' roll rebellion. Now, it's the grooviest spot for travelers on a budget, with tiny bunk rooms that mimic ships' cabins. Communal bathrooms let you befriend a stranger while you brush your teeth, and though the rooms are tiny, the Ballroom hosts some of the most stylish soirées in downtown Manhattan.

 **THE JANE HOTEL**  
113 JANE ST  
NEW YORK, NY 10014

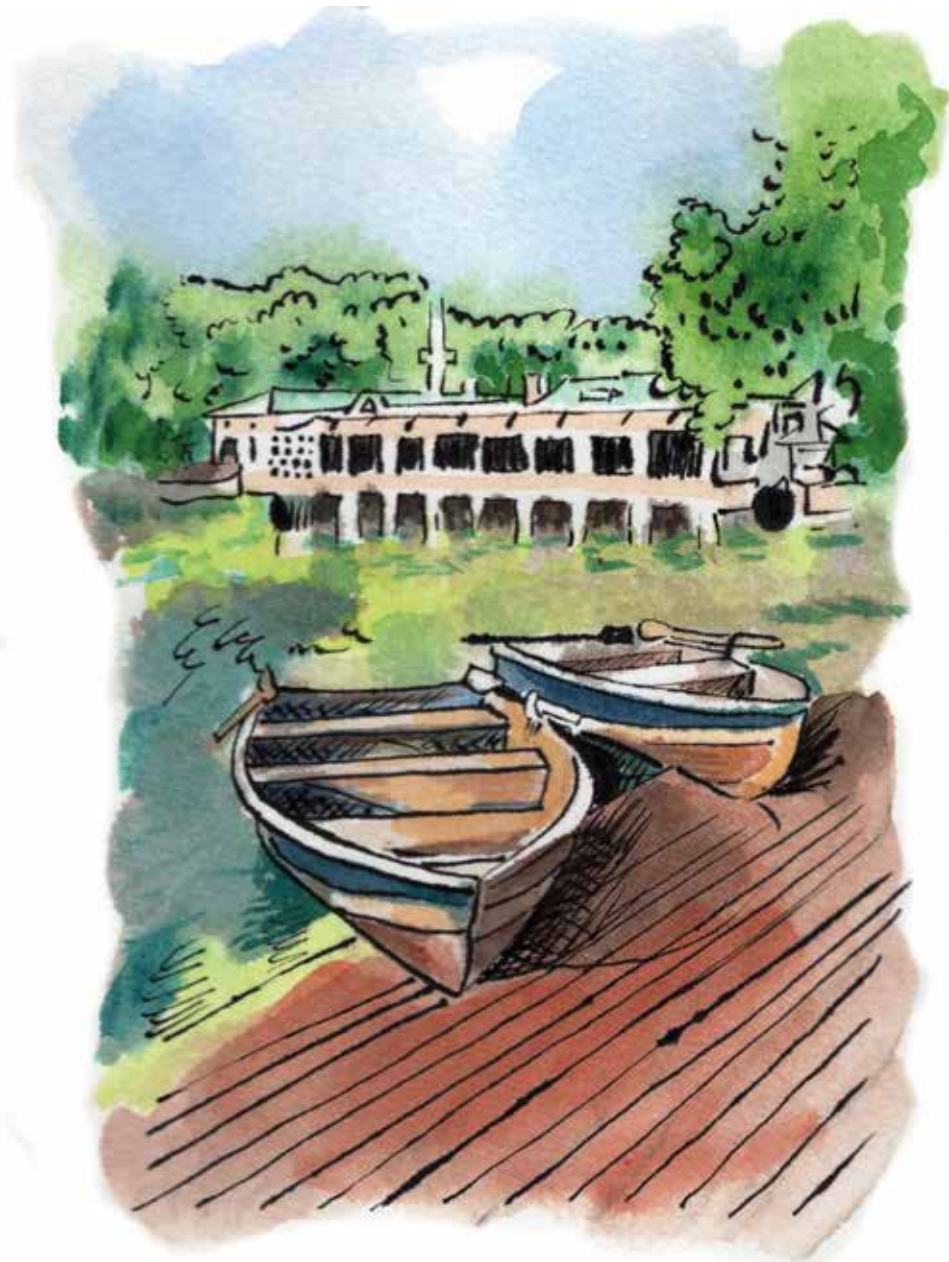


+1 (212) 924 6700

[thejanenyc.com](http://thejanenyc.com)



COURTESY OF THE JANE HOTEL



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## THE CHARM OF CENTRAL PARK

Central Park is Manhattan's heart. In our concrete jungle, we pine for greenery, away from the noise, traffic and chaos of our towering hive.

Though designers Frederick Law Olmsted and Calvert Vaux began work on the park in 1857, it took nearly 20 years to complete and meant displacing entire villages in what was then mostly farmland. Such is the New York story!

In summer we flock to Sheep Meadow to sunbathe, and in winter we trudge to the rink to ice skate. But it's how the park is present in our everyday – to walk with a pal or dog; to picnic with a date; to see music or Shakespeare; to find some peace and quiet – that most makes us treasure those 843 green acres.

For some of our favorite places to wander or run past while we reflect, turn the page ...

 **CENTRAL PARK**  
**FROM 59TH STREET TO 110TH STREET**  
**AND BETWEEN 5TH AVENUE AND**  
**CENTRAL PARK WEST, MANHATTAN**






COURTESY OF NICHOLAS KNIGHT

**THE ISAMU NOGUCHI FOUNDATION AND GARDEN MUSEUM**  
 9-01 33RD RD (AT VERNON BLVD)  
 LONG ISLAND CITY, NY 11106

+1 (718) 204 7088      [noguchi.org](http://noguchi.org)



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## HOW TO CONQUER QUEENS

There are so many reasons to fall in love with Queens. Twenty minutes from Midtown Manhattan, in Long Island City, MoMA PS1 is one of America's largest institutions dedicated to contemporary art. But for a tactile, serene and captivating experience, nothing compares to the Isamu Noguchi Foundation and Garden Museum, where there are rarely crowds and you can walk among the pioneering Japanese artist-designer's works in stone, wood, brass and, of course, paper.

Do not leave Queens without eating. Jackson Heights is one of the most multicultural experiences in the world, let alone New York City. There are approximately 6,000 restaurants in Queens (emblematic of the 120 nationalities that reside in this borough) and 'Little India' (74th Street off Roosevelt Avenue) has a particularly diverse selection. Follow a passageway between two cellphone shops to unassuming Lhasa Fast Food for beef and chive *momos* (South Asian dumplings) and myriad other spicy Tibetan delights.



COURTESY OF PABLO ENRIQUEZ


**MOMA PS1**  
 22-25 JACKSON AVE  
 LONG ISLAND CITY, NY 11101



+1 (718) 784 2086

[moma.org/ps1](http://moma.org/ps1)





**LHASA FRESH FOOD**  
 81-09 41ST AVE  
 QUEENS, NY 11373



+1 (917) 745 0364

But the essence of what we love about eating in New York is at Dawa's in Woodside, where chef Dawa Bhuti combines her Himalayan heritage with the impeccable sourcing ethos she learned while cooking at upscale NYC restaurants.




**DAWA'S**  
 51-18 SKILLMAN AVE  
 WOODSIDE, NY 11377



+1 (718) 899 8629

[dawasnyc.com](http://dawasnyc.com)





COURTESY OF AIRE ANCIENT BATHS

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## FLOAT AWAY IN AN ANCIENT BATH

Descending into the Aire Ancient Baths in Tribeca is like entering another dimension. Housed in a former textile factory building built in 1833 with stunning exposed beams and brick, the thermal pool room is dark and soothing, quiet and sensual. It's the perfect place to rejuvenate from the noise and scuttle of the city (and pretend you're in 5th-century Rome), with amenities and treatments comparable to a 5-star hotel.

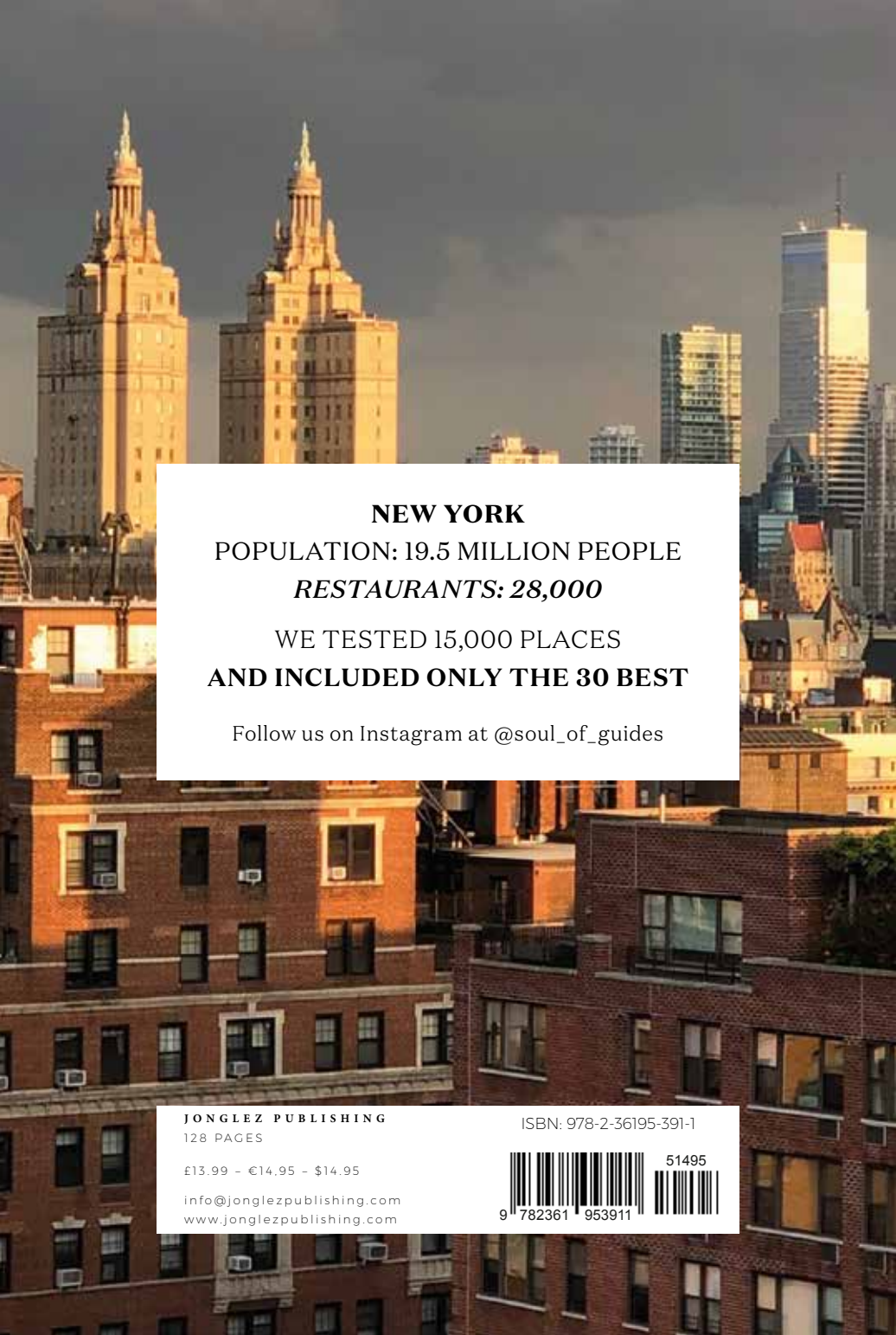
There are experiences tailored to couples (and indeed couples love to come here together), including a bath in Spanish Ribera del Duero red wine, but our preference is for scrubbing ourselves with sea salt and then floating in the soothing and serene salt water pool.

 **AIRE ANCIENT BATHS**  
88 FRANKLIN ST  
NEW YORK, NY 10013



+1 (646) 878 6174

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**NEW YORK**  
POPULATION: 19.5 MILLION PEOPLE  
*RESTAURANTS: 28,000*  
WE TESTED 15,000 PLACES  
**AND INCLUDED ONLY THE 30 BEST**

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